

Fall 2020

## HEALTHBRIDGE

It's about life, it's about you

# Patients Can Receive Specialty Care Right Here in Mobridge



Outreach Provider Dr. Jerry Obritsch, OB/GYN, speaks with a patient during his weekly visit to Mobridge. Dr. Obritsch visits West River Health Clinic the first Monday of the month and Mobridge Medical Clinic on the third Monday of each month.

Patients don't have to travel far to receive high-quality specialty care. In fact, Mobridge Regional Hospital & Clinics has various specialty providers who visit with patients on a weekly, biweekly, monthly, and bimonthly basis.

"Many of these specialists have been coming here for years," said Beth Jensen, MSN, Clinic Operations Director at Mobridge Hospital. "There has been positive feedback from our patients who see these specialists in Mobridge, and overall, the providers seem to be well-appreciated by the individuals who utilize these services at our hospital."

Specialists differ from primary care providers in that they offer expertise on a specific illness, organ, or system. Primary care providers have a broader experience in the field of medicine to offer the best preventative and general care. Some patients are referred to a specialist by their primary healthcare provider, and the type of specialist recommended depends on the patient's condition.

Specialty services offered at MRH&C include audiology, cardiology, ENT, nephrology, OB/GYN, orthopedics, pain management, podiatry, mental health, urology, and wound care.

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## Did You Know? Approximately 20

Approximately **20** outreach specialty providers regularly visit with patients in Mobridge each month.

To schedule an appointment, or to view an up-to-date online calendar that highlights which specialty providers are onsite and when, go to mobridgehospital.org/patients-andvisitors/specialty-providers.

Phone numbers for each specialty service are also listed on the webpage.

## **CEO Update**

## Letter from John



John Ayoub, CEO

At Mobridge Regional Hospital & Clinics, we strive to provide the very best high-quality healthcare services in a compassionate and professional manner for people throughout the region. We want to provide care and services that meet your needs at every stage of your life and are proud to offer services ranging from prenatal care to palliative and comprehensive end-of-life care. Our people really believe that it's about life, it's about you! In order to provide specialty services that we might not be able to provide ourselves, we partner with high-quality specialists from surrounding organizations and provide them a place to practice locally to serve your needs.

Each visiting specialist goes through a rigorous credentialing process to ensure they are of the highest quality. They are vetted in numerous categories and we only invite providers we would feel comfortable seeing as patients ourselves. It is important to us that we have linkages and relationships with providers we are proud to see practicing within our community. We recently had a number of our visiting surgeons elect to do more procedures and surgeries at our facility. We are proud they recognize the high-quality care we provide through our hospital and have chosen to increase their offerings to patients locally.

If you have questions about services or providers available through our specialty clinic, please feel free to visit our Specialty Provider Onsite Calendar on our website or give us a call at 605-845-3692. It is our privilege and honor to care for you — it is why we exist and what we are here to do. We take that responsibility very seriously. Thank you for allowing us the opportunity to serve you!

John J. Ayoub, FACHE, Chief Executive Officer Mobridge Regional Hospital & Clinics

## Mobridge Regional Hospital & Clinics

Mobridge Regional Hospital 1401 10th Avenue West Mobridge, SD 605-845-3692

Mobridge Medical Clinic 1309 10th Avenue West Mobridge, SD 605-845-3692

Prairie Sunset Village – Assisted Living and Senior Housing 1320 West Grand Crossing Mobridge, SD 605-845-8193

Selby Medical Clinic 4401 Main St Selby, SD 605-649-9999

West Dakota Health Center 906 Main Street Timber Lake, SD 605-865-3258 (MT)

West River Health Clinic 103 1st Avenue East McLaughlin, SD 605-823-4253 (MT)

## MRH&C Offers Surgical Procedures Locally

Between having experienced providers and a general surgeon on staff at Mobridge Regional Hospital & Clinics, mixed with routine visits from outreach providers and surgeons, most local community members can receive the surgical care they need within city limits.

"We're always looking to grow our surgical program, and we're doing more surgical procedures now in Mobridge than ever before," said Beth Jensen, MSN, Clinic Operations Director for MRH&C.

Surgeries that patients once sought elsewhere are now performed in Mobridge. Trips to Aberdeen and Bismarck, more than 100 miles away, to receive a surgical procedure are not as necessary as they once were, with help from our on-staff and outreach providers. In the long run, this means more time spent recovering at home, and less time away from friends and family.

MRH&C is proud to offer state-of-the-art, specialized equipment so patients can receive the quality care they deserve.

Providers in our Surgical Department, and the surgeries they can perform, include:

#### Dr. Donald Lucek (MRH&C General Surgeon)

Performing the following surgeries: laparoscopic gallbladder removal, appendectomy, hernias, bowel resections, breast biopsies, lumpectomies, wound care and repair, incision and drainage, hemorrhoidectomies, esophagogastroduodenoscopy (EGDs), skin tumors and biopsies, colonoscopy, and C-sections

#### Dr. Monte Leidenix (Outreach Provider)

Performing the following surgeries: cataracts, ptosis (eyelid) repair, glaucoma, stenting, and blepharoplasty

#### Dr. Paul Eckrich (MRH&C)

Performing cystoscopy, prostate biopsies, and urology surgeries

#### **Patients Can Receive Specialty Care Right** Here in Mobridge continued from the cover

Though specialists have been visiting with Mobridge patients for at least 20 years, Jensen said the number of specialty services offered has expanded, and specialists are more accessible to the community.

"Over time, we've added more specialty providers to our team," Jensen said. "The number of specialists at MRH&C has increased over the last 10 years."

Forget the days of driving more than 100 miles to receive care and having to rely on limited availability at larger hospitals; patients can schedule their next specialty visit right here at home. With a specialty provider onsite almost every day of the week, there are various benefits of having experienced specialty providers regularly travel to Mobridge Regional Hospital to meet with patients, according to Jensen.

#### Benefits include:

- Patients can see their surgeon and have their procedure done in town.
- Little to no travel time for patients, meaning less time away from work and family.
- Less driving in poor weather conditions and saved costs from the travel, which is usually about a 100 to 110-mile commute to see a specialist in a nearby community.
- Family members can more conveniently attend specialty consultations with the patient.
- Patients can see a specialist sooner, since appointments are easier to schedule locally.
- Shortened waiting periods between the provider referral and the specialist appointment.
- Access to experienced, specialized providers in a rural setting.

"Oftentimes, it's quicker for patients to get on our specialists' schedule here at Mobridge than to try to get the same appointment in Bismarck or Aberdeen, which are the locations most of our specialists travel from," Jensen explained. "They're traveling to you, rather than you traveling to them."

Patients are referred to specialists by their primary care provider for various reasons. A patient may need treatment from an expert who focuses solely on their condition. Or if the patient has a life-changing diagnosis, rare disease, or a complex chronic condition, they may need the advice of a specialist. Whatever the case, check to see if you can see a specialist in Mobridge first before seeking care in surrounding communities — chances are, you can.

If you would like to schedule an appointment with a specialist and to receive care in Mobridge, call the MRH&C team at 605-845-3692 for assistance, or refer to the breakout box to the right.

### **Outreach Clinic Schedule & Providers at** Mobridge Medical Clinic (MMC)

A variety of specialty services are available at MRH&C thanks to visiting providers from Aberdeen, SD, and Bismarck, ND.

#### Audiology

Services include treatment of conditions concerning one's hearing, such as hearing aid fitting and repair, auditory processing evaluations, and more.

 Dr. Rebecca Rich, Aberdeen Hearing and Tinnitus Center

#### Cardiology

Services include medical diagnoses and treatments for disorders related to the heart, including cardiovascular disease, cardiac rehabilitation, and more.

- Kristen Dunn, PA-C, Avera **Medical Group**
- Dr. Robert Oatfield, St. Alexius Heart and Lung Clinic
- Dr. Dragos Balf, Sanford Health

#### Ears, Nose & Throat

Services include diagnoses and treatments of problems occurring within the ear, nose, and/or throat.

- Dr. Robert Cihak,
- **Avera Medical Group**

· Heidi Gehrke, PA-C, **Avera Medical Group** 

#### Nephrology

Services include diagnoses and treatments of kidney disorders, such as kidney stones, kidney disease, and more.

- Alissa Hogue, PA-C, Avera Medical Group
- Dr. Michael Murphy, Avera Medical Group

#### **OB/GYN**

Services include high-risk OB, menstrual disorders, laparoscopic hysterectomies, pelvic slings, incontinence issues, and other women's health conditions.

 Dr. Jerry Obritsch, Mid Dakota Clinic Center for Women -Mobridge Medical Clinic and West River Health Clinic



### **Experienced Providers for High-Quality Care**

At Mobridge Regional Hospital & Clinics, you can count on an experienced team to give you the best surgical care available in our area.

Our staff has completed over 100,000 procedures during their careers. Some of our providers have more than 40 years of experience.

We're professional people, with a personal touch.

#### Ophthalmology

Services include diagnoses and treatments of eye disorders.

• Dr. Monte Leidenix, The Eye **Clinic of North Dakota** 

#### Orthopedics

Services include diagnoses, treatments, and surgeries of the spine, joints, bones, ligaments, tendons, and muscles.

- Dr. James Mantone, Avera **Orthopedic Surgery**
- Dr. Patrick Miller, Avera Orthopedic Surgery
- Dr. Daniel Dixon, Avera Orthopedic Surgery
- Dr. Robert Canham, Sanford Health

#### Pain Management

Services include treatments related to chronic pain, including injections, physical therapy, rehabilitation, and counseling.

· Dr. Shawna Schmidt, Avera **Pain Management Center** 

#### Podiatry

Services include diagnoses, treatments, and surgeries related to the ankle and foot.

 Dr. Garrett Wobst, Avera **Orthopedic Surgery** 

#### Psychiatry/Mental Health

Services include crisis intervention, family-based services, risk assessment, and more.

- Ginger Conklin, DNP, Conklin Psychiatric
- Jessica Brockel, MS LPC-MH, The Support Circle, Mobridge, SD
- Stephanie Lund, Lutheran Social Services of South Dakota, Mobridge, SD

#### Urology

Services include treatment options and surgeries for issues of the kidneys, bladder, prostate, and more.

 Dr. Paul Eckrich, Mobridge **Regional Hospital** 



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## **UPCOMING EVENTS & CLASSES**

**Blood Drive** 

12:30 - 6 p.m. Tuesday, Nov. 10 Family Worship Center 1708 Grand Crossing October: Breast Cancer Awareness Month Schedule your Genius 3D mammogram today at MRH&C! Appointments: (605) 845-8175 Healthcare Provider CPR Class Nov. 2, Dec. 7 1 - 3 p.m. MRH&C New Education Center

Heartsaver's CPR & AED Class Nov. 9, Dec. 14 1 - 5 p.m. MRH&C New Education Center

## **Mission**:

The mission of Mobridge Regional Hospital & Clinics is to provide high-quality healthcare services in a compassionate and professional manner for people throughout the region.

## Vision:

To become one of America's finest rural health providers.

Mobridge Regional Hospital & Clinics does not exclude, deny benefits to, or otherwise discriminate against any person on the basis of race, religion, color, national origin, gender, sexual orientation, age, military status, disability, genetic information, ability to pay, or on any other basis that would be in violation of any applicable federal, state, or local law. For a full nondiscrimination statement, visit: mobridgehospital.org/ patients-and-visitors/paya-bill/non-discriminationand-privacy-policy.

#### Appointments: (605) 845-8175 MRH&C New Education M Center C

#### MRH&C Offers Surgical Procedures Locally continued from page 2

#### Dr. Patrick Miller (Outreach Provider)

Performing the following surgeries: knee arthroscopy (scopes), carpal tunnel release, and minor orthopedic surgeries

#### Dr. Garrett Wobst (Outreach Provider)

Performing the following surgeries: pediatric surgery, bunionectomies, hammer toe repair, and minor foot surgeries

#### Dr. Jerry Obritsch (Outreach Provider)

Performing the following surgeries: laparoscopic or open tubal ligation, hysterectomies, dilation and curettage (D&Cs), bladder procedures, and other gynecological cases

#### Dr. Robert Marciano (MRH&C)

Performing C-sections, D&Cs, and tubal ligations

#### Dr. James Mantone & Dr. Robert Canham (Outreach Providers)

Performing orthopedic surgeries

#### Dr. Emily Boden (MRH&C)

Performing C-sections

#### Dr. Mathew Schaffer (MRH&C)

Performing C-sections, D&Cs, vasectomies, and tubal ligations

#### Dr. Travis Henderson and Dr. Josh Henderson (MRH&C)

Performing colonoscopies

Patients who are unsure if the surgery they require is offered at MRH&C can discuss options with their primary healthcare provider, or call 605-845-3692 with questions.

For more general information about surgical services offered at MRH&C, go to **mobridgehospital.org/locations/mobridge**regional-hospital.

For Most Current COVID-19 Updates at MRH&C: For updates and news on how Mobridge Regional Hospital & Clinics is handling the COVID-19

crisis, such as protocol and facility updates, please refer to our website and Facebook page: www.mobridgehospital.org