

Welcome to your new Emergency Room!



From left-right: Travis Henderson, MD, FACP; Robert Marciano, DO; Heather Olson, PAC; Matthew Schaffer, DO; Emily Boden, MD; Donald Lucek, MD; Dori Vojta, CNP, CNM; Josh Henderson, DO. Not pictured: Leslee Graff, PAC, Karen Fryhling, CNP, Candida Goehring, CNP, Jessie Norder, CNP

Nobody wakes up hoping they'll have to visit the emergency room that day, but when an emergency arises, it's such a relief to know that lifesaving care is ready and waiting close to home.

The Mobridge Regional Hospital emergency room has long provided such care, but it was recently moved and upgraded. The new ER, which debuted October 9, is now housed in the former ICU patient-care area.

"We've seen a decrease in need for ICU care over the years," said Kristi Voller, MRH&C Director of Nursing, "so it made perfect sense to use this space to enhance our emergency care. We've improved efficiency, increased patient privacy and helped alleviate some of our space constraints."

New equipment has also been deployed in the upgraded ER. Heart and blood pressure monitoring machines are in place in all six private patient rooms, as are ophthalmoscopes, for inspecting eye problems, and otoscopes, for ear checks.

The trauma cots now contain built-in X-ray technology, so injured patients don't have to be moved for imaging. One of the cots is a special OB/gynecological bed for patients

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Mardi Gras Gala

March 2

**5 - 11 pm at
Mobridge Scherr
Howe Arena**

Join us for a true New Orleans meal including live entertainment by the Jason Price Jazz Trio.

Raffle tickets for the New Orleans Jazz and Dining trip will be sold at the event, for \$50 each.

Purchase gala tickets at the MRH Registration desk or call Darcy Dykhouse at (605) 845-8128.

The event is sponsored by:

CEO Update

Letter from John



John Ayoub, CEO

At Mobridge Regional Hospital and Clinics, we strive to consistently improve how we do things to provide the highest quality patient care in a compassionate and professional manner. I hope you take the time to read through this short newsletter to learn more about the care and services we offer as well as some of the ways we are changing and improving to better meet the needs of the patients and communities we serve. I also want to remind you that we provide satisfaction

surveys to a large segment of those who come through the hospital and clinics. I encourage you to take the time to answer the questions posed in the surveys, which allow us to receive and act upon your direct feedback.

As we begin the New Year, I also want to encourage you to take advantage of the resources we provide to help you make progress toward or meet your health and wellness goals. As it gets closer, we will continue to provide additional information regarding our health fair. We also have resources through our clinics, our therapy departments, and our exceptionally qualified staff to help you with your individual journey. We want to help you be the best you can possibly be.

Thank you for allowing us to serve you – it's about life, it's about you!

John J. Ayoub, FACHE, Chief Executive Officer
Mobridge Regional Hospital & Clinics

Mobridge Regional Hospital & Clinics

Mobridge Regional Hospital
1401 10th Avenue West
Mobridge, SD
(605) 845-3692

Mobridge Medical Clinic
1309 10th Avenue West
Mobridge, SD
(605) 845-3692

Prairie Sunset Village – Assisted
Living and Senior Housing
1320 West Grand Crossing
Mobridge, SD
(605) 845-8193

West Dakota Health Center
906 Main Street
Timber Lake, SD
(605) 865-3258 (MT)

West River Health Clinic
103 1st Avenue East
McLaughlin, SD
(605) 823-4253 (MT)



FEATURED PROVIDER Dr. Travis Henderson

Dr. Travis Henderson, together with fellow proceduralists Dr. Josh Henderson and Dr. Donald Lucek, performs many same-day procedures at MRH.

With same-day surgery, patients are in and out.

They avoid overnight hospital stays and get to recover in the comfort of their own homes, said Dr. Travis Henderson.

“No need to drive 100 miles when you can have these procedures done here,” he said. “Colonoscopy in particular is much easier for patients when done close to home, avoiding the inconvenience and expense of hotel stays and travel in bad weather.”

You might be surprised at how many procedures and surgeries can be done at MRH. Ask your provider if your needs can be met here at home.

Same-Day at MRH&C

Common same-day procedures include:

- Colonoscopy
- Upper endoscopy
- Cataract surgery
- Gall bladder surgery
- Vasectomy
- Appendectomy
- Port placement
- Skin surgery
- Wound care

Welcome to your new Emergency Room *continued from the cover*

who may need a further female exam.

“We also purchased a blanket warmer thanks to the fundraising efforts of our MRH Auxiliary’s annual fall festival,” Voller said.

So what’s happened to the old emergency-room space? It’s now the trauma room, with space for three injured patients as well as all the staff and equipment that often need to gather around for such emergencies.

“For our community, this is such a positive change,” Voller said. “Patient privacy is now first and foremost. And for our staff and emergency department providers, the remodeled space keeps most if not all of our patients in the same area. We have a nurses’ station now with centralized telemetry monitoring, which we didn’t have before.”

When it comes to babies, we deliver

Did you know that MRH provides excellent delivery care for both moms and newborns?

Three family physicians deliver babies at MRH—Drs. Robert Marciano, DO, Matthew Schaffer, DO, and Emily Boden, MD, who just joined the practice in October. Certified nurse midwife Dori Vojta does too. C-sections are done by all three doctors and Dr. Lucek. Together they bring about 65 little ones into this world every year.

“I had all three of my babies here,” said Kayla Wolff, RN, MRH’s OB supervisor. “It’s wonderful one on one care. You have your own dedicated nurse while you’re laboring.”

Wolff also explained that if you deliver at MRH, you’ll be cared for by the same provider you saw for all your prenatal visits — something that doesn’t happen at most hospitals. “Your specific doctor will come in to deliver you,” Wolff said. “At most hospitals, you’re delivered by whoever is on call. That’s not how it works here.”

Nurse anesthetist Holly Lashmet, who administers epidurals for laboring moms who choose this method of pain control, added that MRH makes sense for pregnant area residents because sometimes babies arrive unpredictably.

“Especially with your first pregnancy, you’re not always sure if you’re in labor,” Lashmet said, “so you can come here to be checked instead of driving for two hours each way only to be told you’re not actually in labor yet.”

And for those babies who come fast, MRH is right here.

“Our nursing staff is trained to help the doctors and midwife manage unexpected challenges,” Wolff said. “With the one on one care, the mothers can get what they want out of their birthing experience.”

The MRH nursing staff is available to offer any amount of encouragement, and respond to any kind of need that may arise for the mother or baby.

“If mom or baby has to be transferred to a different hospital for a higher level of care, that’s what we do, quickly and efficiently,” Wolff continued. “But for most deliveries, we have all the resources we need in-house. Just because MRH is smaller doesn’t mean it’s less. It’s actually more.”

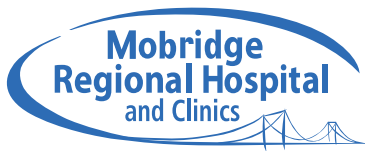
Continuous Epidurals Now Available

Laboring moms who choose epidurals for pain relief at Mobridge can now receive a continuous epidural instead of intermittent spinal shots that last about an hour each.

Holly Lashmet is a certified registered nurse anesthetist, or CRNA. She and colleague Wayne Johnson, also a CRNA, are trained to administer epidurals for continuous pain control.

“It’s one intervention that lasts as long as the mom needs it,” Lashmet said. “And if it’s necessary to convert to a C-section, the catheter is already in place to administer the spinal block. This makes it safer and faster.”

Either Lashmet or Johnson is in-house 24/7 to support every delivery.



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Upcoming Events & Classes



Exercise Classes for Seniors

Strength and Balance for Life

Tuesdays and Fridays

11 - 11:40 am

Senior Yoga

Mondays and Thursdays

11 - 11:30 am

Mobridge Senior Citizen Center

616 6th Avenue West

(970) 580-5249

All adults welcome, free of charge.

Mardi Gras Gala

Saturday, March 2

5 - 11 pm

Mobridge Scherr Howe Arena

212 Main Street

Cocktail hour will start at 5 pm, raffle tickets for the New Orleans Jazz and Dining trip will be sold at the event.

To purchase tickets, contact Darcy Dykhouse at (605) 845-8128 or dldykhouse@primecare.org.

MRH&C Blood Drive

Thursday, January 31

12:45 - 6 pm

Family Worship Center



Healthcare Provider CPR Class

February 4, March 4, and April 8

1 - 5 pm

MRH&C Education & Training Center

HeartSavers CPR & AED Class

January 22, February 11, March 11, and April 15

1 - 5 pm

MRH&C Education & Training Center

To register for CPR classes, contact Kallyn Reinert at (605) 845-8163 or kreinert@primecare.org.

Designed for daycare providers, teachers, and the general public, \$40.

Mission:

The mission of Mobridge Regional Hospital & Clinics is to provide high quality healthcare services in a compassionate and professional manner for people throughout the region.

Vision:

To become one of America's finest rural health providers.

Mobridge Regional Hospital & Clinics does not exclude, deny benefits to, or otherwise discriminate against any person on the basis of race, religion, color, national origin, gender, sexual orientation, age, military status, disability, genetic information, ability to pay, or on any other basis that would be in violation of any applicable federal, state, or local law. For a full non-discrimination statement, visit: mobridgehospital.org/patients-and-visitors/pay-a-bill/non-discrimination-and-privacy-policy.